

# NATURE'S PATH OF INTEGRATED HEALTH

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Date: \_\_\_\_\_

## PEDIATRIC/ADOLESCENT PATIENT PROFILE

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_ Sex: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_ Other: \_\_\_\_\_

Phone (home): \_\_\_\_\_ (work): \_\_\_\_\_ mother/father/other

Who can I thank for referring you to me? \_\_\_\_\_

Child's Primary Care Physician: \_\_\_\_\_

### Person To Be Notified

In Case of Emergency: Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

### PLEASE LIST THE HEALTH CONCERN/PROBLEM THAT BRINGS YOU IN TODAY:

1. \_\_\_\_\_ 3. \_\_\_\_\_

2. \_\_\_\_\_ 4. \_\_\_\_\_

### HISTORY OF THIS CONCERN/PROBLEM:

1. Has child received any treatment for this illness?      yes              no

If yes, what? \_\_\_\_\_

2. Has child ever had this illness in the past?              yes              no

If yes, when? \_\_\_\_\_

3. How long has he/she had this illness? \_\_\_\_\_

### MEDICATIONS:

	now	past	frequency
Aspirin	_____	_____	_____
Tylenol	_____	_____	_____
Antibiotics	_____	_____	_____
Decongestants	_____	_____	_____
Other	_____	_____	_____

### SUPPLEMENTS:

	now	past	dose
Vitamins	_____	_____	_____
Minerals	_____	_____	_____
Fluoride	_____	_____	_____
Herbs:	_____	_____	_____

Allergies to drugs or medications: \_\_\_\_\_

**HOSPITALIZATIONS / SURGERIES / ACCIDENTS / SERIOUS INJURIES:** Describe each incident and give date & age:

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**MEDICATIONS TAKEN IN THE LAST 5 YEARS:** (Include dates and duration)

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**IMMUNIZATIONS:** (List types, dates given, and any adverse reactions)

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**SOCIAL HISTORY:**

- 1) Parents: Single\_\_\_\_ Married \_\_\_\_ Separated \_\_\_\_ Divorced \_\_\_\_  
Mother's Occupation \_\_\_\_\_ Full Time \_\_\_\_\_ Part Time \_\_\_\_\_  
Father's Occupation \_\_\_\_\_ Full Time \_\_\_\_\_ Part Time \_\_\_\_\_
- 2) Other Guardian: \_\_\_\_\_ Relationship \_\_\_\_\_
- 3) Others Residing in Home: \_\_\_\_\_ Relationship \_\_\_\_\_
- 4) Daycare/Preschool/School: \_\_\_\_\_ Where \_\_\_\_\_  
How Many Hours Each Day? \_\_\_\_\_ How Many Days Of The Week? \_\_\_\_\_
- 5) Siblings:    NAME                        AGE                        HEALTH PROBLEMS  
1)  
2)  
3)
- 6) Interaction With Relatives: Who? \_\_\_\_\_ How Often? \_\_\_\_\_

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**CHILD'S HEALTH HISTORY** (please check)

NOW	PAST	NEVER	NOW	PAST	NEVER
___	___	___	___	___	___
___	___	___	___	___	___
___	___	___	___	___	___
___	___	___	___	___	___
___	___	___	___	___	___
___	___	___	___	___	___
___	___	___	___	___	___
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___	___	___	___	___	___
___	___	___	___	___	___
___	___	___	___	___	___
___	___	___	___	___	___

**CHILDHOOD ILLNESSES** (Please check and indicate at what age)

<input type="checkbox"/> Chicken pox	<input type="checkbox"/> Scarlet Fever	<input type="checkbox"/> Mononucleosis
<input type="checkbox"/> Measles	<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/> Ear Infections
<input type="checkbox"/> Mumps	<input type="checkbox"/> Strep Throat	<input type="checkbox"/> Tonsillitis
<input type="checkbox"/> Rubella	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Croup
<input type="checkbox"/> Whooping Cough	<input type="checkbox"/> Asthma	<input type="checkbox"/> other _____

**FAMILY HISTORY:** Identify all family members who have or have had any of the following:

<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Cancer	<input type="checkbox"/> High Blood Pressure
<input type="checkbox"/> Allergies	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Hypoglycemia
<input type="checkbox"/> Anemia	<input type="checkbox"/> Eczema	<input type="checkbox"/> Mental Illness
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Thyroid disorder
<input type="checkbox"/> Asthma	<input type="checkbox"/> Stroke	<input type="checkbox"/> Heart Disease
<input type="checkbox"/> Birth Defects	<input type="checkbox"/> Obesity	<input type="checkbox"/> Hearing Loss
<input type="checkbox"/> Other (Describe)		

**PRENATAL/ BIRTH HISTORY:**

**MOTHER'S health** during the pregnancy with this INFANT/ CHILD/ ADOLESCENT (check and describe in space provided) :

<input type="checkbox"/> Age	<input type="checkbox"/> Trauma/Injury	<input type="checkbox"/> Alcohol Consumption	<input type="checkbox"/> Illness
<input type="checkbox"/> Bleeding	<input type="checkbox"/> Stress	<input type="checkbox"/> Nausea	<input type="checkbox"/> Drugs
<input type="checkbox"/> Smoking	<input type="checkbox"/> X-rays	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Toxemia
<input type="checkbox"/> Medications	<input type="checkbox"/> Other		

Describe:

TERM: Full \_\_\_\_\_ Premature \_\_\_\_\_ Late \_\_\_\_\_ Birth Weight: \_\_\_\_\_ LBS \_\_\_\_\_ OZ

Was birth / pregnancy: Easy? \_\_\_\_\_ Difficult? \_\_\_\_\_

Place of Birth: \_\_\_\_\_ Hospital \_\_\_\_\_ Home \_\_\_\_\_ Clinic \_\_\_\_\_ Other \_\_\_\_\_ Method

**HABITS:**

- 1.) Does your child eat a special diet?
  
- 2.) What are your child's favorite foods?
  
- 3.) What is your child's general disposition?
  
- 4.) How much does your child sleep?

5.) Does your child wear: \_\_\_\_\_ cloth diapers \_\_\_\_\_ disposable \_\_\_\_\_ none

6.) Date of last check-up \_\_\_\_\_ with Dr. \_\_\_\_\_

7.) List any chemicals, metals, dusts, smoke or fumes your child has been repeatedly exposed to:

8.) Does your child react to pollens? If so, then which ones?

9.) Does your child react to foods? If so, then which ones?

(Check appropriate boxes)

FEEDING:	NEVER	RARELY	FREQUENTLY	WEEKLY	TIMES PER DAY				
					1X	2x	3X	4X	5X
MOTHER'S MILK (or weaned when?: _____)	_____	_____	_____	_____	_____	_____	_____	_____	_____
MILK OR FORMULA _____ (KIND)	_____	_____	_____	_____	_____	_____	_____	_____	_____
SUGAR SWEETS	_____	_____	_____	_____	_____	_____	_____	_____	_____
FRUIT SWEETENERS	_____	_____	_____	_____	_____	_____	_____	_____	_____
WHITE FLOUR	_____	_____	_____	_____	_____	_____	_____	_____	_____
PROTEIN FOODS	_____	_____	_____	_____	_____	_____	_____	_____	_____
VITAMINS-MINERALS _____ (KIND)	_____	_____	_____	_____	_____	_____	_____	_____	_____
ASPIRIN	_____	_____	_____	_____	_____	_____	_____	_____	_____
LAXATIVES	_____	_____	_____	_____	_____	_____	_____	_____	_____

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**ARE YOU WILLING TO CHANGE YOUR HABITS TO HELP IMPROVE YOUR CHILD'S HEALTH?** \_\_\_\_\_

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**DOES YOUR CHILD HAVE ANY OTHER PROBLEMS YOU WOULD LIKE TO DISCUSS WITH THE DOCTOR?** \_\_\_\_\_

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